

CAREGIVER & FAMILY SUPPORT PROGRAM

Mission

Deliver personalized support and services to caregivers as an integral part of their wounded, ill and injured Airman's or Guardian's recovery and rehabilitation plan.

Vision

Improve caregiver and family quality of life by connecting them with resources, resiliency tools, and an experienced, specially trained caregiver.

Opportunities

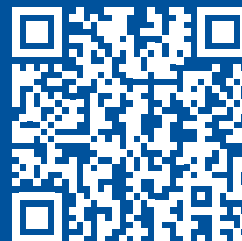
New Caregiver Orientation, Ambassador, and Mentorship trainings are also available to caregivers who are ready to share their stories and to help other caregivers.



The CFSP links caregivers together and provides training and education to strengthen family resiliency, while connecting with community resources. A caregiver is the recovering Airman's or Guardians family member (spouse, mom, dad, sister, brother, aunt, uncle, etc.) or friend who provides him/her non-professional assistance with one or more activities of daily living.

Through the CFSP, caregivers learn positive coping skills, how to enjoy personal time without guilt, and to avoid burnout while learning to thrive. Some of the many tools offered are skill building and holistic training such as resiliency, personality inventory, communication, financial wellness, PTSD/TBI awareness, benefits & entitlements, and suicide awareness. The DoD Military Caregiver Personalized Experiences, Engagement and Resources (PEER) Forums are offered.

**CLICK OR SCAN TO
LEARN MORE ABOUT THE
CAREGIVER & FAMILY
SUPPORT PROGRAM**



For more information, please email:
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